

Media Contact:

Adam Blair | General Manager | 250.679.4203
ablair@quaaoutlodge.com

Alexandra Miege | Director of Sales & Events | 250.679.4205
amiege@quaaoutlodge.com



Media Kit 2020

Quaaout Lodge & Spa at Talking Rock Golf Resort

Unique | Authentic | Unforgettable

WAYTK (hello), welcome to the Quaaout Lodge and Spa. Quaaout is pronounced Kwa-oot and means “where the sun’s rays first touch the land” in our local Secwepemc language.

Nestled in the forest on the shores of the picturesque Little Shuswap Lake, in the Thompson-Nicola region of interior British Columbia, the resort is steps away from a private sandy beach, tranquil mountain vistas and outstanding panoramic views. Our Resort is home to the recently renovated Quaaout Lodge, renowned Talking Rock Golf Course, rejuvenating Le7ke Spa, Jack Sam’s Dining room and Lounge lead by award winning Executive Chef Chris Whittaker, and rich with educational and experiential local-centric Cultural activities. Resting on the traditional lands of the Little Shuswap Indian Band and rich with historic significance for the Indigenous Secwepemc people, the Quaaout Lodge and Spa at Talking Rock Golf Resort is a truly unique, authentic and unforgettable destination.

Guest Rooms:

- Recently renovated guest rooms in February 2019
 - The Quaaout Lodge features 70 guest rooms and suites. Max capacity of 220 assuming every bed has 2 people sleeping in it.
 - **Room Types:** All of our rooms include complimentary wifi, mini-fridge, air conditioning, coffee maker, 37" HDTV, iron, desk, hair dryer, and bath robes.
 - 40 Double Queen (2 Queen Beds)
 - 10 King Rooms (1 King Bed)
 - 12 Deluxe King Rooms (1 King bed, more square footage)
 - 6 Jacuzzi King Rooms (1 King Bed, Fireplace, 2 person jacuzzi tub)
 - 1 Honeymoon Suite
 - 1 Presidential Suite
 - Each room has a private balcony or patio with lake views.
 - 12 pet friendly rooms- all on the first floor
 - 4 sets of interconnecting rooms
 - Our property is a non-smoking establishment, which includes all guest room balconies
 - Check in time is 4:00pm, Check out time is 11:00am
 - Pool, hot tub, steam room, and fitness studio are all located on the first floor
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Meeting and Banquet Rooms

- Unique meeting space for weddings, conferences, and special events
- Our full ballroom can accommodate up to 200, or divided into 4 separate spaces to accommodate several events.
- Chief's Room: 2123 sq. ft
- Grouse Room: 969 sq. ft
- Turtle Room 581 sq. ft
- Salmon Room 433 sq. ft
- Full catering menu available to accommodate breakfast, lunch, dinner or snack needs.
- Equipment rentals available: screen, TV monitor, DVD player, LCD projector, flip chart/white board, P/A system, conference phone.
- We offer multiple sites for wedding ceremonies and have the capability to host indoor or outdoor wedding receptions.
- Menu tastings offered for wedding clients
- Wedding rentals available: full drape kit, centerpieces, lighting kits, cocktail tables, chair covers, remote candles, and pergolas.

Le7ke Spa

- Inspired by first nations décor and designs
- Five private treatment rooms
- Product line- Eminence Organic Handmade Skincare
- Infrared sauna
- Vichy shower room
- Use of pool, hot tub, steam room, and sauna are complimentary with booking
- Some spa treatments include facial treatments, aromatherapy massage, hot stone massage, body wraps & treatments, hydrotherapy, manicures, pedicures, vichy shower skin renewal, and reflexology
- Group bookings are welcomed- we can accommodate bridal parties, bachelor/bachelorette parties, corporate events, special retreats, or birthday parties!
- Spa Menu can be found here:
http://media.quaaoutlodge.com/d/quaaoutlodge/media/Spa/2019_Spa_Menu_updated_version.pdf?_ga=2.43933923.734892605.1581454366-163183858.1580488312

Jack Sam's Restaurant

- Chef Whittaker – Executive Chef & Director of Food & Beverage
 - 70 seat restaurant
 - Open daily
 - Dining events such as Taste! & Chef Dinner Series ongoing throughout the year. We host guest chefs regularly at these events
 - With an emphasis on the freshest high-quality ingredients and locally inspired culinary traditions, the Quaaout Lodge flavors each dining experience with the accents of our wilderness surroundings. A warm and intimate ambiance combined with views of Little Shuswap Lake and friendly service merge to make every meal a true sensory experience
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- Menu can be found here: http://media.quaaoutlodge.com/d/quaaoutlodge/media/Jack_Sams/JS-dinner-menu_fall-2019.pdf?_ga=2.240535493.734892605.1581454366-163183858.1580488312

Cultural Activities

- Cultural activities offered year- round by our cultural interpreters
- Drum Making
- Archery
- Canoe Tours
- Ethnobotany Walks
- C7istkten (winter home) Storytelling
- Rock Painting
- Rattle Making
- Paddle Painting
- Walking Tours
- Snowshoe Tours

Talking Rock Golf Course

- Opened August 2007
 - Full 18 hole golf course
 - Chipping and putting green
 - 16 acre driving range
 - Ability to host tournaments and other special events
 - Designed by acclaimed Canadian architects Graham Cooke and Wayne Carlton
 - Course meanders through a mature, sandy forest before ending with a breathtaking 18th hole extending along the Little Shuswap Lake shoreline
 - Golf school, lessons, and academy programs offered
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