



Communicable Disease Prevention Plan

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1 - Introduction

This Communicable Disease Plan is designed to promote the health and safety of Resort employees, guests, and contractors, as well as the greater Little Shuswap Lake community by providing information and guidance that can be used to prevent the contraction and spread of communicable diseases and the appropriate response to a communicable disease outbreak.

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace or public place from one person to another.

This policy provides a generalized guide to the prevention of communicable disease transmission within the Resort. Specific response to an outbreak will be based upon guidance from the First Nations Health Authority, Interior Health Authority, British Columbia Centre for Disease Control, and Little Shuswap Lake Band Communicable Disease Emergency Response Team.

2 - Scope

Communicable diseases falling within the scope of this plan are those typically caused by bacteria, viruses, fungi, or parasites and normally spread through direct or indirect human contact or through the consumption of contaminated food/water. Examples of communicable diseases include but are not limited to:

- Coronavirus
- Hepatitis A
- Norovirus
- Influenza
- Measles
- Meningococcal Meningitis
- Mumps
- Tuberculosis

3 – Courtesy & Confidentiality

We are committed to providing a safe environment for all employees, guests, visitors, and the Little Shuswap Lake community.

The confidentiality of every person will be respected at all times. Names and details related to a given situation will only be shared with persons directly involved in the incident and those directly involved in the investigation and remediation.

4 - Prevention

Preventing communicable diseases involves taking ongoing measures to reduce the risk of transmission in the workplace. It also involves implementing additional measures when the level of risk of certain communicable diseases, including COVID-19, may increase from time to time or on a seasonal basis. This may occur at a local or regional level, or within a specific workplace.

4.1 – Regular Measures

- Wash hands regularly or use hand sanitizer frequently
- Use proper cough and sneeze etiquette
- Routinely clean and disinfect surfaces, with increased frequency for high-touch surfaces.
- Practice a healthy lifestyle; exercise, eat a balanced diet, and get sufficient sleep.
- Handle and prepare food safely, following FoodSafe guidelines.
- Employees are encouraged to maintain vaccination for common vaccine-preventable conditions. Employees with health or other concerns regarding vaccination are encouraged to consult with a health care provider to address individual concerns and determine best course of action for their individual situation.
- Whenever possible, avoid contact with friends or family who are ill.
- Avoid travel to areas where a communicable disease outbreak is active.

4.2 – Employee Illness Policy

Employees who exhibit symptoms of a communicable disease (ie: fever or chills, coughing, diarrhea, etc.) should

- Seek medical attention if necessary
- Inform their supervisor or manager and relay pertinent information including any instructions provided by a health care provider.
- Stay home when sick and avoid close contact with others to the extent possible.
- Do not return to work until advised to do so by a health care professional or, in the absence of a medical consultation, do not return to work for the duration of the illness and 24 hours after symptoms have abated.
- Avoid travelling when sick, unless otherwise deemed appropriate by a health care professional.
- Follow directions of a health care provider exactly as directed, including use of antibiotics, antivirals, or direction to self-isolate.

4.3 – Employee Travel

Employees should avoid travel to areas where a communicable disease outbreak is active.

If an employee has been travelled to, or been present during a communicable disease outbreak while travelling, they should follow the instructions of public health officials. These instructions may include consulting a health care provider, self-isolation, or other steps to prevent the potential for transmission of communicable diseases.

5 – Monitor & Review

5.1 - Public Health information

Monitor and review communicable disease-related information issued by the regional health officer of the provincial health officer if it is related to our industry, region, or workplace. This includes order, guidance, notices, and recommendations issued by a medical health officer or the provincial health officer.

5.2 – Evaluate, Review, and Update

Continuously evaluate and update this plan and procedures to reflect changing risk levels and work practices. Use workplace inspections and ongoing supervision in the workplace to ensure measures are functioning properly, followed, and maintained.

Employees should report any health safety concerns to their supervisor, department head, or the Joint Occupational Health & Safety Committee.

6 – Resort Guests and Other Visitors

6.1 – Screening

We encourage all resort guests and visitors to self-assess and not to visit the Resort if feeling unwell, or have had a recent exposure to a communicable disease.

6.2 – Sanitizing

Our commitment to our guests and visitors is to ensure that guest rooms, golf carts, dining tables, and spa treatment rooms have been thoroughly cleaned and sanitized prior to your use.

In public areas such as doors, washrooms, and elevator are cleaned and sanitized regularly. High touch points will be disinfected frequently.

Hand sanitizer dispensers have been installed throughout the Resort.

7 – Bullying & Harassment

7.1 - Summary

All resort employees, guests, and visitors are entitled to a safe environment free of any bullying or harassment. Bullying, harassment, and abuse are serious offences and will not be tolerated from employees, guests, or visitors.

7.2 – Bullying & Harassment Related to Communicable Disease Prevention

Bullying or harassment of any resort employee, guest, or visitor related to personal health matters will not be tolerated.

7.3 – Remediation

When an incident is reported to resort management, an investigation will take place and appropriate action will take place in accordance with the seriousness of the matter and the resort Bullying & Harassment Policy.

7.3 – Privacy & Confidentiality

The confidentiality of all parties involved will be protected throughout this process. Names and details related to a given situation will only be shared with persons directly involved in the incident and those directly involved in the investigation and remediation.